

## Claims

- [c1] A system for providing an updated and reliable health forecast guide, comprising:
  - a central server for storing a plurality of health-related data and creating the health forecast guide based on said plurality of health-related data; and
  - a plurality of remotely-located computer workstations coupled to said central server, said plurality of remotely-located computer workstations for receiving the health forecast guide from said central server and sending said plurality of health-related data to said central server.
- [c2] The system of claim 1 wherein said plurality of health-related data comprises at least one of a patient age and a patient gender.
- [c3] The system of claim 1 wherein said plurality of health-related data is collected according to an authorized protocol for maintaining reliability in obtaining said plurality of health-related data.
- [c4] The system of claim 1 wherein said central server creates an updated health forecast guide when said central server has received a threshold amount of said plurality

of health-related data.

- [c5] The system of claim 1 wherein said plurality of remotely located computer workstations and said central server are interconnected by way of an internet network.
- [c6] The system of claim 1 wherein said internet network provides said central server with said health-related data from a plurality of populations over a plurality of regions.
- [c7] A system for providing an updated and reliable percentile ranking guide, comprising:
  - a central server for storing a plurality of coronary-related data and creating the percentile-ranking guide based on said plurality of coronary-related data; and
  - a plurality of remotely-located computer workstations coupled to said central server, said plurality of remotely-located computer workstations for receiving the percentile-ranking guide from said central server and sending said plurality of coronary-related data to said central server.
- [c8] The system of claim 7 wherein said plurality of coronary-related data comprises at least one of a patient age, a patient gender, a patient cholesterol level, a patient exercise habit, a patient smoking habit, and a calcium

score.

- [c9] The system of claim 7 wherein said plurality of coronary-related data is collected according to a predetermined protocol for maintaining reliability in comparison of said plurality of coronary-related data.
- [c10] The system of claim 7 wherein said central server creates an updated percentile-ranking guide when said central server has received a threshold amount of said plurality of coronary-related data.
- [c11] The system of claim 7 wherein said plurality of remotely located computer workstations and said central server are interconnected by way of an internet network.
- [c12] The system of claim 11 wherein said plurality of remotely-located computer workstations are located across at least one of a region, a country, and a plurality of countries for providing said central server with said plurality of health-related data from a plurality of populations.
- [c13] A method for providing an updated and reliable health forecast guide, comprising:  
employing at least one remotely located workstation to upload a central server with a plurality of health-related data;

downloading a current health forecast guide from said central server to said at least one remotely located workstation.

- [c14] The method of claim 13 wherein said health-related data is directed to coronary disease and comprises at least one of a patient age, a patient gender, a patient cholesterol level, a patient exercise habit, a patient smoking habit, and a calcium score.
- [c15] The method of claim 13 wherein said health-related data is directed to lung cancer and comprises at least one of a patient age, a patient gender, a nodule size, a nodule type, and a patient smoking habit.
- [c16] The method of claim 13 further comprising:  
quantifying an amount of said plurality of health-related data that is uploaded onto said central server.
- [c17] The method of claim 16 further comprising:  
determining that a threshold amount of said plurality of health-related data has been uploaded onto said central server.
- [c18] The method of claim 17 further comprising:  
sending said plurality of health-related data and said current health forecast guide via an internet network.

- [c19] The method of claim 18 further comprising:
  - said sending said plurality of health-related data from a plurality of populations over a plurality of regions to said central server.
  
- [c20] The method of claim 19 further comprising:
  - utilizing said plurality of health-related data for updating at least one of a local health forecast guide, a regional health forecast guide, a national health forecast guide, and a global health forecast guide.